

MyOSCAR 3.0 is the next generation of McMaster University's patient-controlled Personal Health Record (PHR) technology designed as the core component of a vibrant and evolving interoperable, person-centred digital health ecosystem responsive to the needs and interests of people through all phases of life. MyOSCAR enables you to:

- ✓ connect all the people who support you in achieving your health and wellness goals (e.g. anyone you choose to include in your circle of care);
- ✓ act on another's behalf (e.g. as parent/guardian of a child or as Power of Attorney) through your account connected to the other's with their consent;
- ✓ communicate securely with everyone in your chosen circle of care based on mutual consent
- ✓ receive a copy of your health information from connected electronic systems used by your care providers and coaches (e.g. hospital information systems, EMRs used by physicians and other health professionals, applications used by Health Coaches, etc.);
- ✓ share your health information with whomever you choose, enabling your health care providers, coaches, family members or other selected individuals to have access to, and with your consent contribute to, your information;
- ✓ book or cancel appointments on-line, manage prescription renewals and use other on-line services available through connected clinics, coaches or hospitals, including those requiring payment electronically
- ✓ track important information about your activities to improve health, support healing or manage a chronic condition; and
- ✓ access a variety of health- and wellness-oriented applications (Apps), wearables and other devices, whether prescribed by your care team, recommended by people you trust or self-selected.

MyOSCAR 3.0 offers you the same security as a hospital information system or your physician's EMR. This includes keeping a complete audit of everything that happens in your MyOSCAR account, showing who viewed certain information or what information has been added or changed and by whom. You can have confidence that you have full control of all aspects of your account.

[Screenshots]

MyOSCAR 3.0 offers:

- A central place where you can access your health information and health information for those you support in reaching their own health goals.

myoscar PHO

Chart

John Smith

BOOK APPOINTMENT
SEND MESSAGE
ADD CONNECTION

Home
Chart
Calendar
Mailbox
Connections
Wellness Apps
Discussion Groups

John Smith
Born May 1, 1973(42y)
Gender Male
Username john.smith

Contact Information

Summary | **Diagnosis** | Medications | Allergies | Health Trackers | Immunisations | Docs

Current Diagnosis

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Mauris convallis, risus non porta convallis, turpis sem euismod nisi, viverra fermentum magna nisi sit amet arcu. Phasellus et posuere elit, consequat tringilla felis. In tempus porta hendrerit. Proin tempor pharetra dolor, eget interdum risus tempor vel.

Fusce ac mi laoreet:

- Sit amet, consectetur adipiscing lorem elit.
- Aenean nec neque eget neque semper.
- Vivamus semper nisi eu magna mattis, at bibendum felis tempus.
- Donec ullamcorper turpis.
- Nulla at fermentum ipsum. In turpis vestibulum sodales.

View Diagnosis History >

Current Medications

Adderoll Dose: 2.5 to 10 mg/kg 3 times daily	Medication 4 Dose: 0.0 to 00 mg/kg
Medication 2 Dose: 0.0 to 00 mg/kg	Medication 5 Dose: 0.0 to 00 mg/kg
Medication 3 Dose: 0.0 to 00 mg/kg	Medication 6 Dose: 0.0 to 00 mg/kg

View Medication History >

Current Allergies

Anti-inflammatory Drugs Severe	Peanuts Severe
Dairy Severe	Penicillin Mild
Mold Severe	Pollen Mild

View Allergy History >

Health Trackers

Updated 7:08 am, today

Blood Glucose

Updated 07 January 2012

Blood Pressure

Updated 9:15 am, yesterday

Weight
180 lbs

Wellness Apps

Bant

Breathe

Nike+ Fuel

<30 Days
to a healthier heart

-
- Manage records on behalf of other individuals

You are managing your dependent, Leah Smith's account. [Go back to managing your account.](#)

myoscar PHD

John Smith managing

Leah Smith ▾

BOOK APPOINTMENT

SEND MESSAGE

ADD CONNECTION

Home

Chart

Calendar 1

Mailbox 1

Connections 2

Wellness Apps

Discussion Groups

Leah Smith, Dependent

Born Aug 24, 2010 (2y)
Gender Female
Username Leah.smith

Contact Information ▾

Summary | **Diagnosis** | Medications | Allergies | Health Trackers | Immunisations | Docs

Current Diagnosis

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Mauris convallis, risus non porta convallis, turpis sem euismod nisi, viverra fermentum magna nisi sit amet arcu. Phasellus et posuere elit, consequat tringilla felis. In tempus porta hendrerit. Proin tempor pharetra dolor, eget interdum risus tempor vel.

Fusce ac mi laoreet:

- Sit amet, consectetur adipiscing lorum elit.
- Aenean nec neque eget neque semper.
- Vivamus semper nisi eu magna mattis, at bibendum felis tempus.
- Donec ullamcorper turpis.
- Nulla molestie lorem id ferdor ultratata sodales.

[View Diagnosis History >](#)

Current Medications

Adderoll Dose: 2.5 to 10 mg/kg 3 times daily	Medication 4 Dose: 0.0 to 00 mg/kg
Medication 2 Dose: 0.0 to 00 mg/kg	Medication 5 Dose: 0.0 to 00 mg/kg
Medication 3 Dose: 0.0 to 00 mg/kg	Medication 6 Dose: 0.0 to 00 mg/kg

[View Medication History >](#)

Current Allergies

Anti-inflammatory Drugs Severe	Peanuts Severe
Dairy Severe	Penicillin Mild
Mold Severe	Pollen Mild

[View Allergy History >](#)

Health Trackers

Updated 7:08 am, today

Blood Glucose

Updated 07 January 2012

Blood Pressure

Updated 9:15 am, yesterday

Weight

Wellness Apps

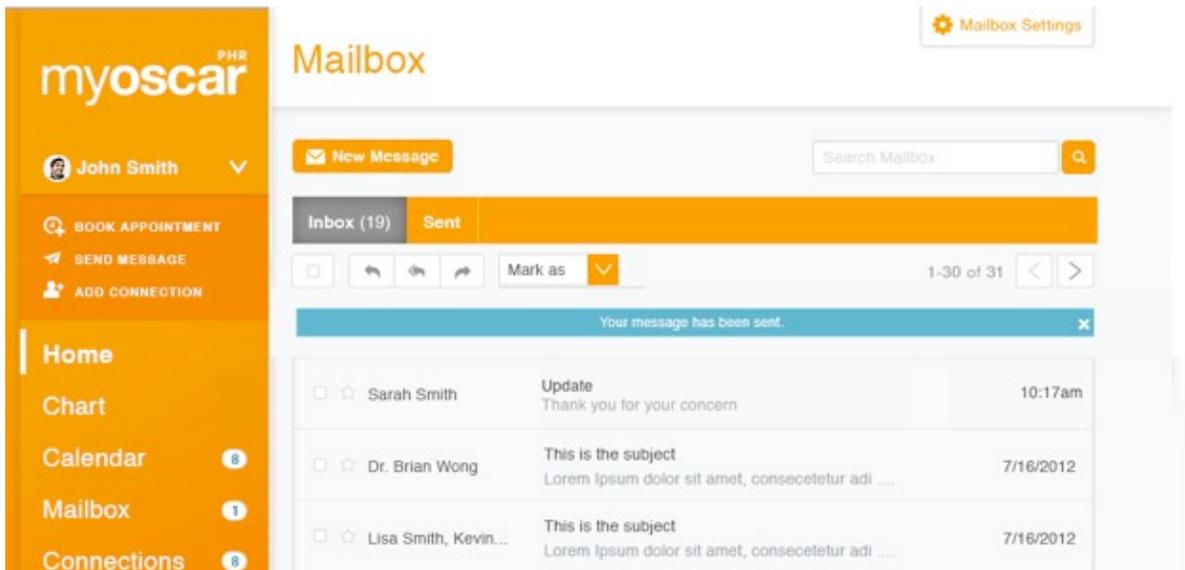
Bant

Breathe

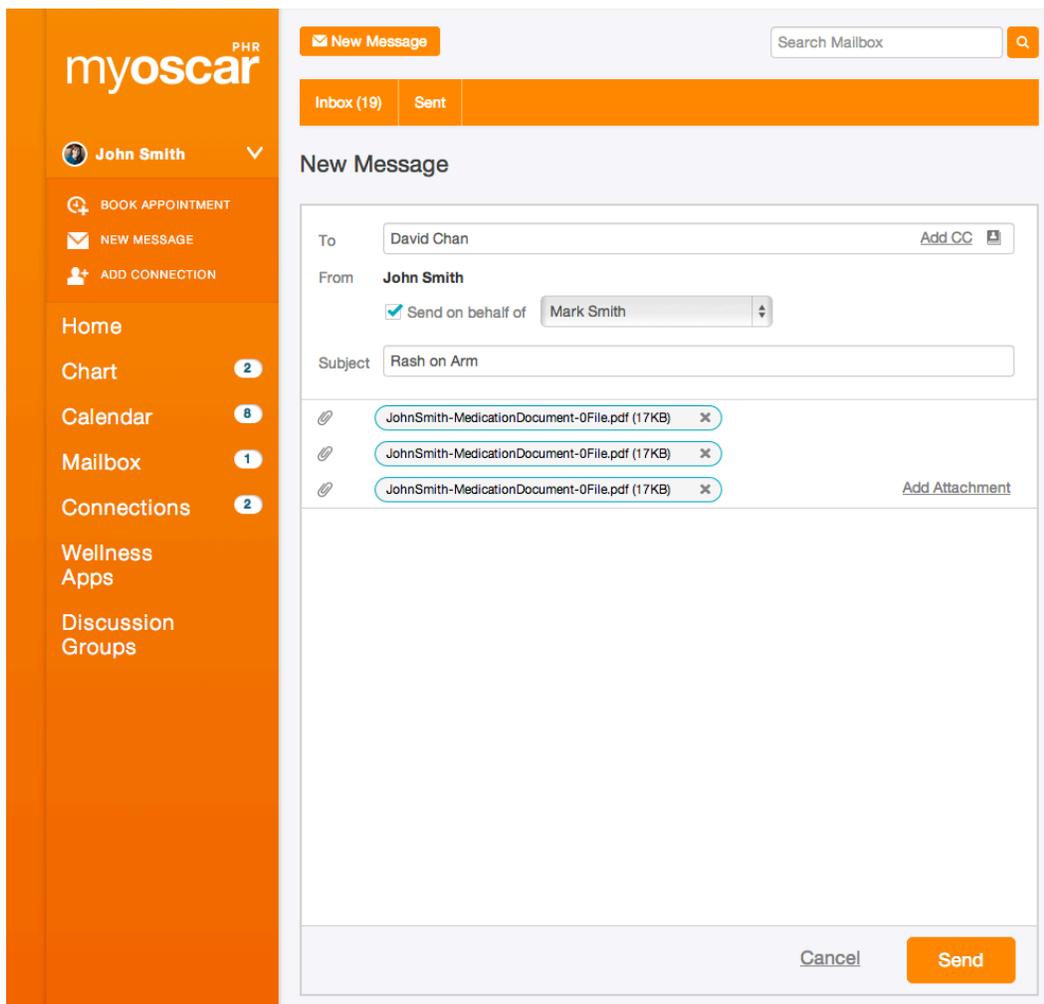
Nike+ Fuel

<30 Days

- Secure messaging with health service providers, family, friends and support network



- Ability to send and receive secure messages on behalf of individuals you support in their own care



- On-line appointment booking and cancellation with clinician for yourself or, with permission, on behalf of someone you support

- Ability to share your record with unlimited members involved in your care and wellness-oriented activities

Connection Request

John Smith → **Mary Smith**
Family/Friend

Mary Smith is my

Mary Smith is allowed:

- Chart access
Permission to either view my chart or, view and edit my chart (you can specify which sections in the next step)
- Full account management access
Permission to manage my account on my behalf with full access to edit all information within my Chart, Calendar, Mailbox, Connections, Wellness Apps and Discussion Groups.

[Next](#)

- Ability to select levels of access for individuals within your care team



Connection Request



John Smith
Family/Friend



Mary Smith
Family/Friend

No access **View only** **View & Edit**

Select All

Select All

Select All

Diagnosis	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Medications & Immunizations	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Allergies	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Health Trackers - Blood Glucose	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Health Trackers - Blood Pressure	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Health Trackers - Weight	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Documents	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

[< Back](#)

Next

• • •

✕



Mary Smith
Family/Friend

You are now connected to Mary Smith.

DONE